Alcoholics Anonymous

NENY Area 48 District 5 Newsletter

Welcome to the NENY Area 48 District 5 Newsletter! This is a place for groups and committees to share their experience, strength, and hope. Please use district5newsletter@aahmbny.org for submittals and requests to receive this publication.

The District 5 Newsletter is published monthly. Feel free to forward a copy to those interested as we are unable to reach all our District 5 members via email. Please announce it is also available on the District Website https://district5.aahmbny.org. If you will like your contributions to be included in the newsletter, please e-mail us at district5newsletter@aahmbny.org. The District 5 Newsletter Committee will do its best to make this a valuable resource for communication, and to allow the members of our District to keep in touch with each other, further strengthening the unity of our fellowship. We ask Group Chairs and GSRs to bring this Newsletter to their Group Meetings.

Flyer Contents: District, Area, & Regional Events – **p2**, Step 5 AA Confirmed Awareness - **p3,** District Service Opportunities – **p4**, AA Principles of the Month – **p5**, Step 5 prayer, meditation and promises – **p6**, Important dates in AA History – **p7**, Resources– **p8**, Young People in AA information – **p9,** YPAA Camp Out and ESCYPAA IX Picnic in the Park – **p10,** NENY Spring Assembly - **p11** , Back to Basics - **p12,** Monthly GSR Forum - **p13,** Grapevine Virtual Story Hour – **p14,** District 5 Founders' Day - **p15,** 88th Annual Founders' Day - **p16,** Fellowship of the Spirit Toronto – **p17,** Joy of Service Day – **p18**

Meeting Changes

For any changes – closures or additions, please e-mail: district5records@aahmbny.org, District5webmaster@aahmbny.org that way all information can get updated accordingly.

Be sure to share this newsletter any way you can!!

District meeting are the 1st Friday of every month at 7:00 PM at Saratoga Springs United Methodist Church,175 5th Avenue & Henning and via Zoom. Please check our website, https://district5.aahmbny.org for up-to-date information on meeting status, a list of online meetings, and other helpful information!

District Events			
Next District Meeting	Friday, May 5th, 2023 7:00 to 8:00 PM	Saratoga United Methodist Church 175 5th Ave. (5th & Henning), Saratoga Springs, NY	In Person & Zoom Meeting ID: 869 6085 2036, Passcode: 150240
District 5 Founders Day	Saturday, June 10, 2023 (See Enclosed Flyer)	Saratoga United Methodist Church Saratoga Springs, NY	(See Enclosed Flyer)
Monthly GSR Forum	1st Sunday of every month 7:00 to 8:00 PM.	Via Zoom (See Enclosed Flyer)	Meeting ID:870 0168 1934 Passcode: "GSR"
AA Grapevine Virtual Story Hour	2nd Tuesday of every Month 7:00 – 8:00 PM.	Via Zoom (See Enclosed Flyer)	Meeting ID:834 1851 2300 Passcode: "Grapevine"
YPAA Mid -Year Camp Out	May 6th – 7th, 2023	Schodack Island State Park Schodack, NY	(See Enclosed Flyer)
ESCYPAA IX Picnic in the Park	May 13, 2023	Suggest Park Cortland, NY	(See Enclosed Flyer)
NENY Spring Assembly	May 20, 2023	Crosspoints Church 317 Oriskany Blvd Whitesboro, NY	HYBRID ID: 821 2582 6614 Passcode: A48Vote
Back to Basics	Tuesday's, June 6- through 27, 7:00-8:00 PM	Saratoga United Methodist Church Saratoga Springs, NY	In Person & Zoom See Flyer
88th Annual Founders' Day	June 9th -11th 2023	University of Ohio Akron, Ohio	(See Enclosed Flyer)
Fellowship of the Spirit Toronto	June 16th -17th 2023	Latvian Canadian Center Toronto, Ontario	(See Enclosed Flyer)
Joy of Service	June 24, 2023	Hosted by Hudson Valley Cluster	(See Enclosed Flyer)

Step Five:
AA Confirmed Awareness

When I asked God to relieve me of the "bondage of self" in Step Three, I had only a vague concept of what that might be. But, when my sponsor helped me go through the Step Four directions from the Big Book, I developed a much clearer insight—I began to realize that this bondage was what had been blocking me from the truth in drink.

Someone said: "An alcoholic cannot drink on the truth, only on a lie." The Big Book suggests that we begin Step Five at "first opportunity" (p. 74) which tuned out to be approximately ten minutes after completing Step Four. My sponsor, Carl, helped me realize, from my Step Four list, where I had been selfish; dishonest; resentful; and fearful to an extent that I had never realized.

As a matter of fact, he pointed out that most all my character defects, etc., would fall under one or more of these four "grosser handicaps" (p71)

They were like an umbrella! If I improve on these four major items, then the minor ones would become less destructive, or hopefully disappear.

Step Five not only simplified the step process but brought about a confirmed awareness of my defects for God to remove in Step Seven. I also learned the necessity of facing up to selfishness, dishonesty, resentment, and fear if I were to live in the spirit of Step Ten. It was pointed out that these four defects are mentioned in Step Ten(p. 84) and Step Eleven (p. 86).These four demons were indeed enemies of my sobriety.

This new awareness has brought me to realize why going on the wagon or *quitting drinking forever*, year after year, never lasted. My personality problems (bondage of self) remained active throughout those periods of abstinence.

Although Step Five has not completely removed these dangerous barriers, I have been able to maintain a *"personality change sufficient to bring about recovery from alcoholism"* (p. 567) for many years. Thank God for progress, not perfection. -Bob S.

What is AA District 5? What is service at the district? Who do I talk to & find out more?

Did you know that service at the district level is easy to get engaged with, fun, and a great way for 12th-step work?

Your District has the following openings:

1. **Newsletter Chair**
2. **Answering Service Co-Chair**
3. **Accessibility Co-Chair**
4. **Treatment Co-Chair**
5. **Service Development Chair**
6. **Alternate Secretary**
7. **Webmaster Co-Chair**

Our AA district is a vital link between our groups and AA so we can stay sober and help other alcoholics achieve sobriety. Our district (# 5) is the AA service body that consists of groups from all of Saratoga and parts of Washington counties. The District is a vital link to the greater area and AA as a whole. It does service work to help the still suffering alcoholic that the individual or group alone may not have the resources to do. It supports Alca-thons, functions, literature, works with treatment centers, and correctional facilities, maintains our meeting list & website, and other works such as this newsletter.

But … it all can't be done without our time & talents! It's sometimes heard that people don't know what the district does. **What do I do if I'm interested? How can I help? Who do I contact?** Reach out to your group's General Service Representative (GSR), our District Committee Member (DCM, district5DCM@aahmbny.org), the district secretary (district5secretary@aahmbny.org), or this newsletter (district5newsletter@aahmbny.org).

A Service Manual from the GSO is available here, but some of the committees are;

Saratoga Answering Service (STAS) –STAS is an outreach committee that provides a 24-hour, 7-day-a-week telephone answering service. This service provides an opportunity for individuals to speak anonymously with a sober volunteer about any problem or question they may have regarding alcoholism, and find locations, days, and times of meetings in our area. Time is divided into blocks and committee volunteers are assigned time blocks throughout the week. **The Chair and Co-Chair facilitate and coordinates volunteers, time slots, and are on call when volunteers are unavailable.**

Treatment – The Treatment committee is looking for a co-chair. The treatment committee brings the message of hope for recovery to alcoholics in a variety of treatment settings, demonstrates to administrators and staff "how it works", and is an instrument of attraction to the A.A. program. Treatment also provides information about A.A., as well as literature and guidelines for setting up A.A. meetings in treatment facilities and outpatient settings.

Newsletter- The Newsletter Editor shall prepare and have printed a monthly Newsletter for distribution at the District Group Conscience Meeting. Content should be written within the guidelines of the current AA Service Manual. Additional content may include:

- A section for a monthly message from the DCMC.
- Upcoming events for individual groups, the District, and the Area.
- Announcements for new meetings, changes in meeting times or formats, and meetings being terminated.
- Articles related to alcoholism written by members of the Fellowship or other sources. If doubt regarding possible content, reference the current AA Service Manual.

Alternate Secretary

- Suggested minimum of two years of sobriety to be eligible for election.
- Word processing skills and regular access to a computer, internet, printer, and email.

In the event the regular secretary is no longer able to fulfill the duties or must vacate the position, the Alternate Secretary will assume the Secretary position.

Duties of the Alternate Secretary

Shall be prepared to assume all duties of the primary Secretary in the event of emergency or vacancy.

- Regularly attends monthly District Group Conscience Meetings and Area Fellowship Days and Activities as outlined in the HMB Area 48 Service Manual.
- Actively and regularly participates and communicates with the District Committee.
- In absence of the Secretary, will keep minutes and provide them in written format at the next monthly meeting, just as the regular secretary would.

AA PRINCIPLES OF THE MONTH

- **Step 5** - Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

- **Tradition 5** Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept 5: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Tradition 5 Checklist [from SMF-131, Traditions Checklist from the AA Grapevine]:

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?

2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?

3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?

5. Do I help my group in every way I can to fulfill our primary purpose?

6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

Concept 5 Checklist [from SMF-91 - Concepts Checklist]:

1. Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home group, district committee meetings, area assemblies and the Conference?

2. What does our group accept as "substantial unanimity"?

3. Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?

4. Does our group understand the importance of all points of view being heard before a vote is taken?

FIFTH STEP PRAYER

GOD, I thank you from the bottom of my heart that I know you better. Help me become aware of anything I have omitted discussing with another person. Help me to do what is necessary to walk a free man at last. AMEN (Page 75 BB)

HEALING HEART AND MIND

Daily Reflections May 01

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

TWELVE STEPS AND TWELVE TRADITIONS, p. 55

Since it is true that God comes to me through people, I can see that by keeping people at a distance I also keep God at a distance. God is nearer to me than I think and I can experience Him by loving people and allowing people to love me. But I can neither love nor be loved if I allow my secrets to get in the way.

It's the side of myself that I refuse to look at that rules me. I must be willing to look at the dark side in order to heal my mind and heart because that is the road to freedom. I must walk into darkness to find the light and walk into fear to find peace.

By revealing my secrets – and thereby ridding myself of guilt – I can actually change my thinking; by altering my thinking, I can change myself. My thoughts create my future. What I will be tomorrow is determined by what I think today.

PROMISES OF STEP FIVE

Big Book, page 75

Once we have taken this step, withholding nothing, we are delighted.

- We can look the world in the eye.
- We can be alone at perfect peace and ease.
- Our fears fall from us.
- We begin to feel the nearness of our Creator.
- We may have had certain spiritual beliefs, but now we begin to have a spiritual experience.
- The feeling that the drink problem has disappeared will often come strongly.
- We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.

IMPORTANT DATES IN AA HISTORY:

May 6
1946: The long form of the "Twelve Traditions" was published in the AA Grapevine.
May 8
1971 – Bill Wilson was buried in private ceremony, East Dorset, Vermont.
May 11
1935 – From the Mayflower Hotel, Bill Wilson called Walter Tunks who referred him to Henrietta Seiberling who introduced Bill to Dr. Bob.
1939: First group to officially call itself Alcoholics Anonymous met at Abby G's house in Cleveland. (some sources say the 18th)
May 12
1935 – Mothers' Day – Bill Wilson and Dr. Bob Smith met for the first time in Akron, Ohio, at the home of Henrietta Seiberling.
May 14
1998 – Sybil C., first woman to enter A.A. west of the Mississippi, died. Her Dates of sobriety was March 23, 1941. Her name at the time was Sybil Maxwell, though she later opened her talks by saying, "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic."
May 16
1941 – Ruth Hock learned that Joe W. (credited with coming up with the name Alcoholics Anonymous) had a "wet brain."
May 18
1950 – Dr. Bob told Bill "I reckon we ought to be buried like other folks" after hearing that local A.A.'s wanted a huge memorial.
May 19
2000 – Dr. Paul Ohliger died at the age of 83. His story, "Doctor, Alcoholic, Addict," was retitled "Acceptance Was the Answer," in the 4th edition.
May 28
1974 – The first World Service meeting of AA outside of America was held in London.
May 29
1980 – "Dr. Bob and the Good Oldtimers," AAWS biography of AA co-founder and a history of early Mid-west AA, was published.
May 31
1938 – Bill and other AA's began writing the Big Book.
Other May events for which we have no specific Dates:
1919: Bill returns home from service.
1935: Bill works with alcoholics, but fails to sober any of them. Lois reminds him HE is still sober.
1938: Bill begins writing the book Alcoholics Anonymous.
1939 – Clarence Snyder told Dr. Bob, his sponsor, he would not be back to the Oxford Group meetings in Akron and would start an "A.A." meeting in Cleveland.
1939: Lois W Home Replacement Fund started at Alcoholic Foundation
1942 – Richmond Walker, author of "Twenty-Four Hours a Day," had his last drink.
1950: Nell Wing became Bill W's secretary.
1951 – Al-Anon was founded by Lois Wilson and Anne B.

RESOURCES

SARATOGA TELEPHONE ANSWERING SERVICE (STAS)
518 - 587- 0407

AA CAPITAL DISTRICT CENTRAL OFFICE
For Confidential support 518-463-0906
https://aaalbanyny.org/

GENERAL SERVICE OFFICE NYC
http://www.aa.org/

GRAPEVINE WEBSITE
http://www.aagrapevine.org/

NENY AREA 48 WEBSITE – CONTAINS AREA MEETINGS AND OTHER HELPFUL INFORMATION
HTTPS://AAHMBNY.ORG
(FORMERLY A.A. Area 48 HMB Hudson Mohawk Berkshire)

NENY DISTRICT 5 – MEETING LIST TOO
HTTPS://DISTRICT5.AAHMBNY.ORG
District 5 Home Page

ONLINE INTERGROUP
A MODERN VERSION OF TRADITIONAL "BULLETIN BOARDS"
https://www.aa-intergroup.org/

IF YOU NEED A DIGITAL COPY OF THE BOOKS- ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS OR LIVING SOBER- YOU MAY OBTAIN A COPY ON AA.ORG

Young People in AA (YPAA)

What is "YPAA"?

Young People's Groups in Alcoholics Anonymous began appearing around 1945 in Los Angeles, Cleveland, and Philadelphia, and can now be found across the globe. In 1958, a meeting of young AA's from across the U.S. and Canada started what is now the International Conference of Young People in Alcoholics Anonymous (ICYPAA), and it has met on an annual basis ever since.

At the 1960 AA Convention, Bill W. noted that the age of new members was much lower than when he and Dr. Bob founded AA 25 years earlier. In a letter to ICYPAA dated June 15, 1969, Bill wrote *"… in recent years I have found nothing for greater inspiration than the knowledge that A.A. of tomorrow will be safe, and certainly magnificent, in the keeping of you who are the younger generation of A.A. today."*

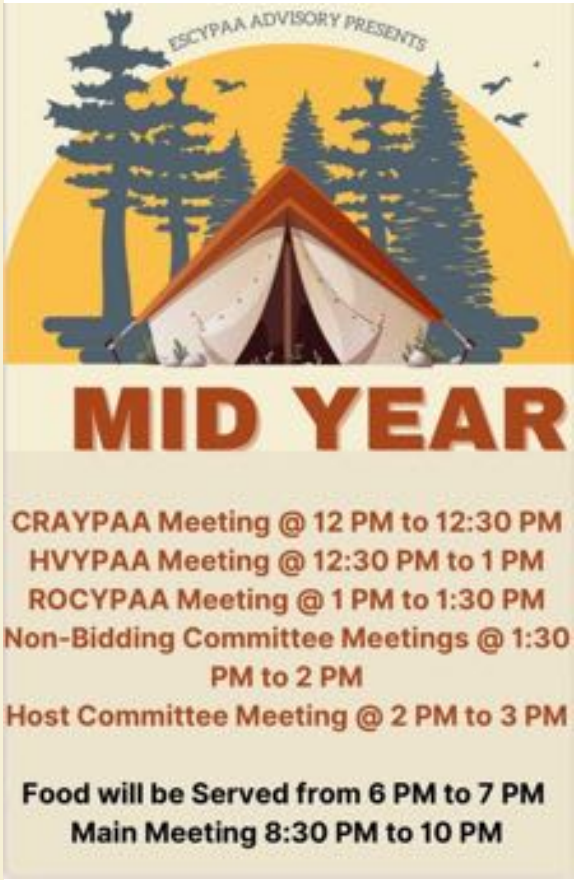
YPAA Service Committees & Events

ESCYPAA
Empire State Convention of Young People in AA
Serving all of New York State
escypaa.org

HVYPAA
Hudson Valley Young People in AA
Serving the Hudson Valley
hvypaa.com
hmbliaison@hvypaa.com for more information

NENYYPAA
Northeast New York Young People in AA
Serving the Capital Region (Albany, Schenectady, Troy & the surrounding areas)

ESCYPAA ADVISORY PRESENTS
MID YEAR
CAMP-OUT
SUGGESTED CONTRIBUTION
$20
SCHODACK ISLAND STATE PARK
1 Schodack Island Way, Schodack Landing, NY 12156
MAY 6TH - 7TH
INCLUDES CAMPSITE AND DINNER.
MEETING AT 9PM
DAY PASS SUGGESTED CONTRIBUTION: $10
ESCYPAA.ORG


ESCYPAA ADVISORY PRESENTS
MID YEAR
CRAYPAA Meeting @ 12 PM to 12:30 PM
HVYPAA Meeting @ 12:30 PM to 1 PM
ROCYPAA Meeting @ 1 PM to 1:30 PM
Non-Bidding Committee Meetings @ 1:30 PM to 2 PM
Host Committee Meeting @ 2 PM to 3 PM
Food will be Served from 6 PM to 7 PM
Main Meeting 8:30 PM to 10 PM

ESCYPAA IX
$10 SUGGESTED DONATION
IS HOSTING A
PICNIC IN THE PARK
BECOMING RIGHT SIZED SPEAKER MEETING
WHEN : Saturday, May 13th 12-?
WHERE : Sugget Park
108 Homer Ave, Cortland, NY 13045
Dish to pass and we'll provide burgers and dogs
CHECK OUT THE ESCYPAA IX WEBSITE AT ESCYPAAIX.COM OR

NENY
SPRING ASSEMBLY

Hosted by: Western Cluster (D9,D12,D20)

May 20, 2023
9AM- 3PM

Crosspoints Church
317 Oriskany Blvd
Whitesboro, NY

HYBRID
ID: 821 2582 6614
Passcode: A48Vote

Tentative Agenda

9:00- 9:30 am	Meet & Greet
9:30-10am	Officer Reports
10:00-10:30 am	2024 Budget Proposal (Presentation only)
10:30-12pm.	Area Proposals
	1.Service manual update on Area event scholarship
	2.To make all Area events hybrid
	3.Update service manual on Trifold meeting list
	background information on nenyaa.org or newsletter
12:00-12:30 pm	Lunch
12:30-2:30 pm	Delegate's Conference report back
2:30-3 pm	Q&A
3pm	Closing

For Information: althmbchair@aahmbny.org

HYBRID – BACK TO BASICS – 7:00 PM TUESDAYS IN JUNE

BIG BOOK BASED, CLOSED MEETINGS – SPONSORED BY THE B2B GROUP

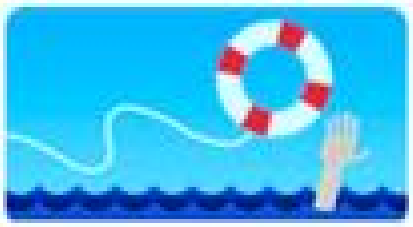
TUES. JUNE 6th - THRU - TUES. JUNE 27th

"BACK TO BASICS" IS A PROGRAM OF ACTION TAKING THE 12 STEPS IN 4 ONE HOUR MTGS OVER CONSECUTIVE TUESDAYS IN JUNE, LIKE THE FOUNDING AA GROUPS DID. WE EXPLORE THESE PRINCIPLES TOGETHER, TAKE THE STEPS TOGETHER, AND RECOVER TOGETHER. EITHER FACE TO FACE OR ZOOM AS FOLLOWS:

IN PERSON LOCATION : UNITED METHODIST CHURCH, 175 FIFTH AVE (Fifth and Henning), SARATOGA SPRINGS, NY. WORKSHOP FORMS PROVIDED AT SEATS. MASKS ARE OPTIONAL.

ZOOM ATTENDEES MUST REGISTER BY EMAIL TO : B2Bfoundationsgroup@gmail.com WORKSHOP FORMS AND MTG IDS WILL BE SENT AS ATTACHMENTS TO THE RETURN CONFIRMATION EMAIL .

MONTHLY GSR FORUM



WELCOME ABOARD!
If you're not involved in General Service,
you may have missed the boat.

You do not have to be a GSR to attend.
You do not have to be a member of Area 48 to attend.

These monthly interactive forums are designed to promote unity and be the life line needed for GSRs new and old to bring topics of discussion, questions and their personal experience, strength and hope for anyone interested in learning more about Group Life, being a GSR and General Service.

In Bill W's own words:

"The strength of our whole AA service structure starts with the group and with the general service representative (GSR) the group elects. We cannot emphasize too strongly the GSR's importance."

For more information contact: hmbchair@aahmbny.org

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

VIRTUAL MONTHLY GRAPEVINE READING & DISCUSSION

STORY HOUR

Tuesdays

(second Tues. of each month)

7:00–8:00pm

(eastern)

Get in your PJs, your fluffy slippers, and cozy blanket, have your popcorn ready, and enjoy a bedtime story!

ZOOM ID: 834 1851 2300

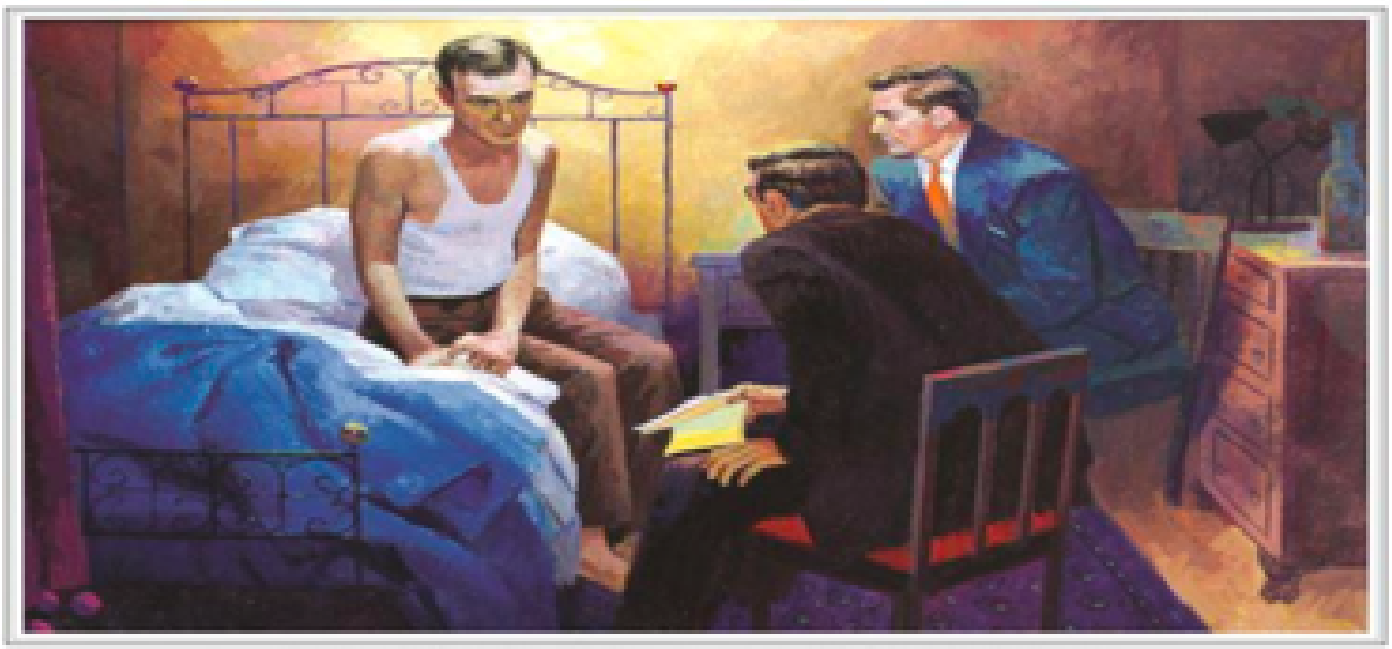
PASSCODE: Grapevine

Please do not post to general public

Contact: grapevine@aahmbny.org

District 5 Functions Founder's Day Celebration

Saturday, June 10



Saratoga Springs United Methodist Church

175 5th Ave, Saratoga Springs, NY 12866

Doors open at 3 pm; Old timers panel at 4 pm

Dinner at 5:30 pm; Speaker at 7 pm

Pulled Pork, Baked beans, Cole Slaw, Cornbread, Mixed Salad

Coffee and beverages are provided

This is an outdoor event.

Please bring your own chair.

Want to help or get information? Email.

District5functions@aahmbny.org

Founders' Day Herald

88th Anniversary of Alcoholics Anonymous

June 9, 10, & 11, 2023 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.
Discussion of One Step Per Hour
Chaired by: Aaron K.

A.A. Early Bird Meeting* • 3:00 p.m.
Penny D. - Bay Village, OH
"From Cracker Factory Housewife To Champion Of Sobriety And Women"
Chaired by: Karen K.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.
"Rule 62"

A.A. Speaker Meeting* • 7:00 p.m.
Peter M. - Boca Raton, FL
"Chop Wood, Carry Water"
Chaired by: Jerry C.

A.A. Speaker Meeting* • 9:00 p.m.
Linda G. - Queens, NY
"Happy, Joyous And Free"
Chaired by: Juanita W.

Junta en Español • 9:00 p.m. - 11:00 p.m.
Open Discussion
Chaired by: The Painesville Group

A.A. Alkathon • 11:00 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites
9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives
Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.
Billy N. - Palm Beach Gardens, FL
"How It Works"
Chaired by: Mary K.

A.A. Old Timers' Panel* • 10:30 a.m.
Topic: "Every Day Is A Day We Must Carry The Vision Of God's Will Into All Our Affairs"
Dee T. - Akron, OH
Ken McA. - Ontario, CA
Bobby M. - Richmond Heights, OH
Chaired by: Mary K.

La Vida Workshop • 11:00 a.m. - 1:00 p.m.
B Coordinator: Raymundo L. and Alegria de Vivir Group

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.
Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Maria E.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.
"Rule 62"

A.A. Speaker Meeting* • 2:00 p.m.
Vivian G. - Olathe, SC
"Emotionally Driven Or Spiritually Guided - What Is Our Choice To Be?"
Chaired by: Aaron K.

The History of Our Big Book • 4:00 p.m.
Presented by: Gail L. - Akron, OH
Chaired by: Karen K.

A.A. Speaker Meeting* • 8:00 p.m.
Theresa F. - North Hills, CA
"All Of A Sudden I Became Present To My Life, And I Didn't Like It!"
UA Infirmary Stadium**
Chaired by: Woody W.

****Stadium Weather Contingency Plan for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!
10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*
7:30 a.m.
Motorcycle procession and graveside memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. - Akron, OH
Chaired by: Jerry C.

A.A. Spiritual Panel Meeting • 9:00 a.m.
Topic: "We Admitted That We Were Powerless Over Alcohol, That Our Lives Had Become Unmanageable"
Andrew M. - Akron, OH
Sonya M. - Akron, OH
Viviane Y. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*
10:30 a.m.
Bill C. - Torrance, CA
"It's Been Miserable Long Enough...It's Time To Have A Good Time!"
Chaired by: Michael B.

AL-ANON FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.
Topic: "Double Winners/Doubly Blessed"
Lynda M. - Copley, OH
Ian R. - Canton, OH
Mary Anne C. - Uniontown, OH
Clin Hall
Chaired by: Leslie S.

AL-ANON SATURDAY ACTIVITIES

Alateen Panel • 10:30 a.m.
"Alateens Share Their Experience, Strength and Hope"
Clin Hall
Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.
Speakers - Shanna & Scott D. - Urbandale, IA
"Family Disease, Family Miracles"
E.J. Thomas Hall
Chaired by: Maria E.

REGISTRATION

UA STUDENT UNION
CREDIT CARDS ACCEPTED
Friday **8:00 a.m. - 10:00 p.m.**
Saturday **8:00 a.m. - 5:00 p.m.**
Registrations must be picked up by **5:00 p.m. Saturday** - NO EXCEPTIONS!
Package Plans must be picked up at designated dormitories. Check confirmation letter or e-mail.
Coffee & Fellowship Room
Student Union
A.A. Literature Sales
Friday **8:00 a.m. - 8:00 p.m.**
Saturday **8:00 a.m. - 5:00 p.m.**
CREDIT CARDS ACCEPTED!

*** A.S.L. INTERPRETER**

NO BASIC REGISTRATION REFUND.
$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.
Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

FELLOWSHIP of the SPIRIT

Toronto, June 16+17, 2023

A journey through all 12 Steps

at the Latvian Canadian Center, 4 Credit Union Drive, Toronto, Ontario M4A 2N8

Theresa F (California)

Chris S (New Jersey)

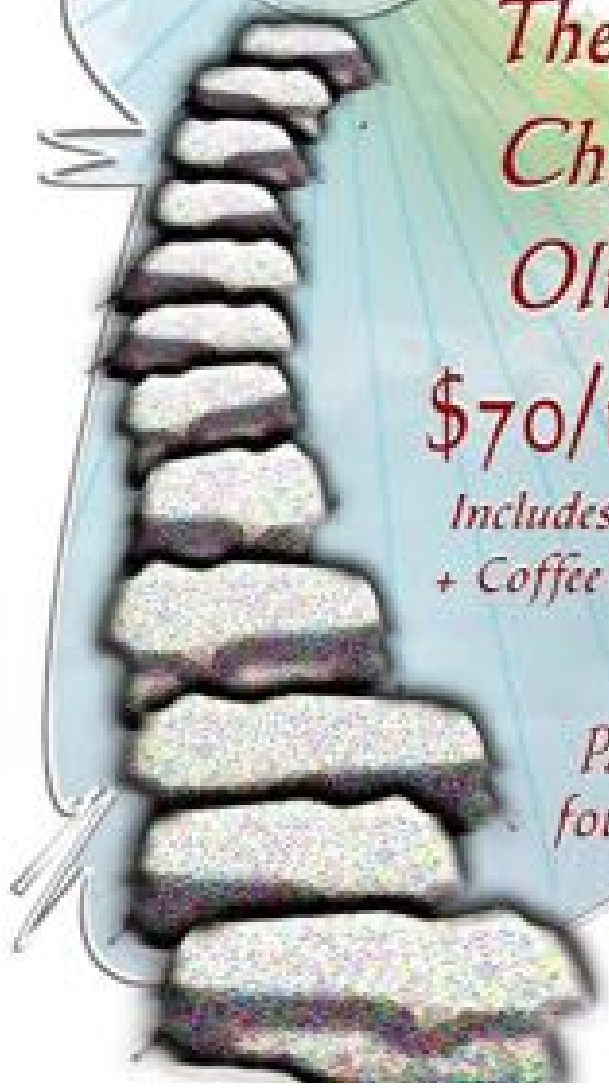
Olis S (New Jersey)

$70/ticket

Includes: Sat. lunch & dinner + Coffee and water all weekend!

Registration:

PayPal or E-transfer to fotstoronto@gmail.com



Save the Date

Joy of Service Day

June 24, 2023

9AM-3PM

HYBRID EVENT
Meeting ID: 843 4092 5083
Passcode: Joy2Serve

Hopewell Reformed Church
143 Beekman Rd
Hopewell Junction,NY 12533

UNITY SERVICE RECOVERY

hosted by the Hudson Valley Cluster

For information: althmbchair@aahmbny.org